

# Essential Standards and Course Descriptions

## Grade 6 and 8 Health Education

Hortonville Middle School | Greenville Middle School

The following document has been created with our parents in mind. The purpose is to communicate with parents related to the 'essential standards' being taught for every subject and in every grade level. Included is also a brief course description written by a collaborative team of teachers representing both middle schools. As a school district, we believe very strongly that although we have two unique middle schools, both schools must ensure a guaranteed and viable curriculum. What this means is that the same 'essential' learning being taught at HMS will also be taught at GMS to ensure that EVERY student, regardless of enrollment, will be prepared to enter Hortonville High School having learned prioritized academic and behavioral expectations.

**What is an 'essential standard'?** Every school district adopts academic standards for every area of study. The Hortonville Area School District is no different. Unfortunately, not all standards are created equal. This means that some standards have been predetermined by the teaching faculty as most critical or 'essential' for students to learn and demonstrate before moving on to the next grade level. These standards are assessed and reported out to parents on progress reports (formerly called report cards). We sometimes call these our 'must know' standards. This is not to say that all other standards, or 'nice to know standards', are not covered, but they may not be covered to the same level as our 'essential standards'.



### **Subject: Health Education**

Health Education is most effective when it is taught at home, school, and community. This curriculum has been designed to help our students understand that the decisions that they make now can affect the quality of their lives both now and in the future. The curriculum focuses on risks, responsibilities, and relationships through the use of all 7 dimensions of health (Social, Emotional, Physical, Intellectual, Career, Spiritual, and Environmental).

### **Essential Standards Assessed (Grade 6):**

- 6:3:B2 By the end of 6<sup>th</sup> grade students will demonstrate the ability to use goal setting to enhance health
- 2:3:A1 By the end of 6<sup>th</sup> grade students will analyze the influence of family, peers, culture, media, technology, and other factors on health behaviors
- 3:3:A2 By the end of 6<sup>th</sup> grade students will demonstrate the ability to access valid information and products and services to enhance health
- 1:3:A1 By the end of 6<sup>th</sup> grade students will comprehend concepts related to health promotion and disease prevention to enhance health
- 4:3:A1 By the end of 6<sup>th</sup> grade students will demonstrate the ability to use interpersonal communication skills to enhance health and avoid health risks
- 5:3:B1 By the end of 6<sup>th</sup> grade students will demonstrate the ability to use decision making skills to enhance health

### **Essential Standards Assessed (Grade 8):**

- 2:3:A1: By the end of 8<sup>th</sup> grade Students will analyze the influence of family, peers, culture, media, technology, and other factors on health behaviors.
- 6:3:B2: By the end of 8<sup>th</sup> grade Students will demonstrate the ability to use goal-setting skills to enhance health.
- 5:3:B1: By the end of 8<sup>th</sup> grade Students will demonstrate the ability to use decision-making skills to enhance health.
- 4:3:B1: By the end of 8<sup>th</sup> grade students will demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks.
- 1:3:A2: By the end of 8<sup>th</sup> grade Students will comprehend concepts related to health promotion and disease prevention to enhance health
- 3:3:A2: By the end 8<sup>th</sup> grade Students will demonstrate the ability to access valid information and products and services to enhance health.
- PS.8.CC.1: By the end of the 8th grade, students will be able to describe situations and behaviors that constitute bullying, sexual harassment, sexual abuse, sexual assault, incest, rape and dating violence.

- PR.8.IC.2: By the end of the 8th grade, students will be able to demonstrate the use of effective communication and negotiation skills about the use of contraception including abstinence and condoms.
- SH.8.AI.1: By the end of the 8th grade, students will be able to identify medically accurate information about STDs, including HIV.